

Menu Name : *New Millennium Academy Lunch Menu*
Grade Level / Age Group : *K-8 Grades*

Options Provided : *Hot, Hot Vegetarian Meals*
Meal Pattern : *NSLP* Meal : *Lunch*

October - 2024

		Tuesday, October 1, 2024	Wednesday, October 2, 2024	Thursday, October 3, 2024	Friday, October 4, 2024		
Hot Meals	October is To-School' 'Farm Month	Hmong Sausage	CKC Chef's Texas Burger w/American Cheese Slice	French Toast Sticks	Fresh Baked Pizza Slice	Week VI	
		Steamed Seasoned Rice	WG Bun	Syrup	Sliced Cucumbers		
		Steamed Broccoli	Steamed Corn	Celery Sticks, Carrot Slims & Dip	Crisp Varietal Apple		
		Chilled Fruit Cocktail	Banana	Fresh Orange	Choice Milk		
Choice Milk	Choice Milk	Choice Milk					
Hot Veg	Choice of Multi Cheese Croissant Sandwich for Main Entrée						

		Monday, October 7, 2024	Tuesday, October 8, 2024	Wednesday, October 9, 2024	Thursday, October 10, 2024	Friday, October 11, 2024		
Hot Meals	Golden Chicken Tenders & Ketchup	Honey BBQ Pulled Pork	Kapoon	Tikka Drumstick	Garlic Dusted French Bread Pizza	Week I		
		CKC Baked Beans	Steamed Carrots	Seasoned Rice	Potato Smiles w/ Ketchup			
		Steamed Green Beans	Banana	Mixed Greens Salad & Dressing	Celery Sticks			
		Wheat Crackers	Choice Milk	Fresh Orange	Crisp Varietal Apple			
Cinnamon Apple Slices & Choice Milk	WG Roll	Choice Milk	Choice Milk					
Hot Veg	Choice of Bean & Cheese Burrito for Main Entree							

		Monday, October 14, 2024	Tuesday, October 15, 2024	Wednesday, October 16, 2024	Thursday, October 17, 2024	Friday, October 18, 2024		
Hot Meals	The Cheeseburger , that Never Gets Old-Fashioned	Sichuan Chicken	WG Corn Dog	Beef Pho	Fresh Baked Pizza Slice	Week II		
		WG Bun, Cheese Slice & Ketchup	WG <i>Chicken Corn Dog & Ketchup</i>	Dinner Roll	Steamed Carrots			
		Steamed Corn	CKC Baked Beans	Sliced Cucumbers	Crisp Apple			
		Cinnamon Apple Slices	Steamed Green Beans	Fresh Orange	Choice Milk			
Choice Milk	Dill Cobbers, Banana & Choice Milk	Choice Milk						
Hot Veg	Choice of Easy- Cheesy Pull Aparts for Main Entree							

		Monday, October 21, 2024	Tuesday, October 22, 2024	Wednesday, October 23, 2024	Thursday, October 24, 2024	Friday, October 25, 2024		
Hot Meals	BBQ Drumstick	Cheesy Joe (Taste Test Winner)	Thai Chili Chicken Noodles	Marinara Meatball Sub	Chinese Teriyaki Chicken	Week III		
		Mashed Potatoes	Garden Salad & Dressing	WG Hot Dog Bun, Mozzarella Cheese	Steamed Rice			
		Cinnamon Apple Slices	Banana	Steamed Carrots	Sliced Cucumbers			
		Grahams	Choice Milk	Fresh Orange	Crisp Apple			
Choice milk	WG Roll	Choice Milk	Choice milk					
Hot Veg	Choice of French Bread Pizza for Main Entrée							

		Monday, October 28, 2024	Tuesday, October 29, 2024	Wednesday, October 30, 2024	Thursday, October 31, 2024	Farm-To-School - What & Why?	
Hot Meal	All Beef Hot Dog	Asian Chicken Drumstick	Mozzarella Burger	Kapoon	October is Farm-to-School Month in the U.S., a time for students to learn about locally grown and produced food items supplied by nearby farmers, producers and ranchers. Farm-to-school foods ensure the freshest foods in school meals and help support local economies.		
		WG Hot Dog Bun & Ketchup	WG Bun, Ketchup	Baby Carrots & Dip			
		Potato Stix w/ Ketchup	Pinto Bean Salsa	Fresh Orange			
		Cinnamon Apple Slices	Steamed Green Beans	Choice Milk			
Choice Milk	Banana & Choice Milk	French Toast Grahams					
Hot Veg	Choice of Cheese Calzone for Main Entree						

*** Hot Vegetarian meals are served with vegetables, fruit of the day & milk.

Skim & 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

All rice dishes /rice products are made of whole grain brown rice.



NOVEMBER 2024 Menu (Subject to Change)						
Hot Meal	What is CKC Good Food's Role in supporting Farm Fresh Foods?				Friday, November 1, 2024	Week IV
	<p>CKC Good Food regularly features food items that are sourced from local food vendors. Some of the local and regional producers featured on our menus include Bushel Boy Farms (Owatonna, MN), Wescott Orchards (Elgin, MN) and Prairie Farms dairy farmers.</p>				<p>Fresh Baked Pizza Slice</p> <p>Cucumber Slices</p> <p>Crisp Apple</p> <p>Choice Milk</p> <p><i>Choice of Cheese Calzone for Main Entrée</i></p>	
Hot Veg						
	Monday, November 4, 2024	Tuesday, November 5, 2024	Wednesday, November 6, 2024	Thursday, November 7, 2024	Friday, November 8, 2024	Week V
<p>Golden Chicken Patty Sandwich</p> <p>WG Bun & Ketchup</p> <p>Carrot Slims, Celery Sticks & Dip</p> <p>Cinnamon Apple Slices</p> <p>Choice Milk</p>	<p>Walking Taco</p> <p>Nacho Cheese Doritos & Seasoned Beef</p> <p>Shred Cheese, Lettuce & Cheesy Refried Beans</p> <p>Chilled Fruit Cocktail</p> <p>Choice Milk</p>	<p>Asian Chow Mein Bowl</p> <p>Whole Grain Chow Mein Noodles with Asian Sesame Chicken</p> <p>Sliced Cucumbers & Dip</p> <p>Banana</p> <p>Choice Milk</p>	<p>Beef Pho</p> <p>Crisp Broccoli & Dip</p> <p>Fresh Orange</p> <p>Mixed Berry Grahams</p> <p>WG Roll & Choice Milk</p>	<p>Twisted Cheese Breadsticks</p> <p>Seasoned Red Sauce</p> <p>Potato Rounds w/ Ketchup</p> <p>Baby Carrots & Crisp Varietal Apple</p> <p>Choice Milk</p>		
Hot Veg	<i>Choice of Grilled Cheese Sandwich for Main Entrée</i>					
Hot Meal	Monday, November 11, 2024					Week VI
	<p>Premium Chicken Nuggets w/ Ketchup</p> <p>Crispy Ranch Crackers</p> <p>Pinto Bean Salsa</p> <p>Baby Carrots</p> <p>Cinnamon Apple Slices & Choice Milk</p>					
Hot Veg	<i>Choice of Multi Cheese Croissant Sandwich for Main Entrée</i>					