



Local Wellness Policy: Triennial Assessment Template

Background Information

An assessment of your school wellness policy must be conducted a minimum of once every three years; however, Local Educational Agencies (LEAs) may assess their policy more frequently if they wish. The results of the assessment must be made available to the public.

Purpose

The template below is offered as a way to summarize the information gathered during your assessment. Members of a school wellness committee who are completing their triennial assessment for their school wellness policy may use this template. It contains the three required components of the triennial assessment, including 1) compliance with the wellness policy 2) how the wellness policy compares to model wellness policies 3) progress made in attaining the goals of the wellness policy.

Results

The copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. Many LEA's choose to post the results on their district website. The triennial assessment summary and the assessment details (e.g. WellSAT 3.0 report) must be shared.

Recordkeeping

Keep a copy of the most recent triennial assessment, along with supporting documentation on file. This will be needed when you have a School Nutrition Program administrative review.

Local Wellness Policy: Triennial Assessment Summary

Section 1: General Information

School(s) included in the assessment:

New Millennium Academy

Month and year of current assessment: June 2022

Date of last Local Wellness Policy revision: June 25, 2022

Website address for the wellness policy and/or information on how the public can access a copy:

<https://nmaedu.org/academics/food-nutrition-product-ingredients/>

Section 2: Wellness Committee Information

How many times per year does your school wellness committee meet? 4 times per year

Designated School Wellness Leader

Name	Job Title	Email Address
Xao Vang	Operations Manager	Xao.Vang@nmaedu.org

School Wellness Committee Members

Name	Job Title	Email Address
Terra Eicher	School Nurse	Terra.eicher@nmaedu.org
Jamie Neal	Teacher	Jamie.neal@nmaedu.org
Cheng Vang	NMA Parent	

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Section 3. Comparison to Model School Wellness Policies

Complete the [WellsAT3.0 assessment tool](#) and keep a copy of the results on file for at least three full school years plus the current year, as it will be reviewed during the next administrative review of your school nutrition program.

Indicate model policy language used for comparison:

- Alliance for a Healthier Generation: Model Policy
- WellsAT 3.0 example policy language
- Other (please specify): MSBA/MASA Model Policy 533

Describe how your wellness policy compares to model wellness policies.

New Millennium Academy’s wellness policy compares to the WellsAT 3.0 standards by including comprehensive goals for **nutrition promotion and education, physical activity, and other wellness-based activities** that are essential for fostering a healthy school environment. These include ensuring that food options meet Smart Snacks standards, promoting physical activity within the school, and engaging the community through communications and involvement.

Section 4. Compliance with the Wellness Policy and Progress towards Goals

At a minimum, local wellness policies are required to include:

- Specific goals for:
 - Nutrition promotion and education
 - Physical activity
 - Other school based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives). • Policies for food and beverage marketing that allow marketing and advertising of only those foods and

beverages that meet the Smart Snacks in School nutrition standards.

- Description of public involvement, public updates, policy leadership, and evaluation plan.

Using the tables below, indicate the language that is currently written in the district local wellness policy in relation to each topic area. Next, assess and discuss whether the district is meeting the goal, partially meeting the goal, or not meeting the goal. Finally, indicate the progress made for each goal and next steps that have been identified.

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
Promote healthy eating habits and provide comprehensive nutrition education as part of health and other classes.		X		The school district promotes nutrition through educational programs integrated across multiple subjects (health, science, social sciences). Initiatives include participatory activities such as contests and taste tests. Next Steps: Increase the scope of nutrition programs to include more outreach to parents and community events.

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps

Provide students with opportunities to engage in physical activity daily	X			<p>The school ensures physical activity is part of the curriculum and provides short physical breaks between classes. Health and physical education classes reinforce these behaviors.</p> <p>Next Steps: Continue to encourage teachers to incorporate physical activity into classroom lessons.</p>
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School-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
Encourage healthy living through school-based activities		X		<p>The school has implemented activities, but the engagement level could improve. Parents are informed about physical education and wellness activities.</p> <p>Next Steps: Increase family and community involvement in wellness activities, such as hosting wellness events and increasing communication with families.</p>

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
Ensure all foods and beverages sold on campus meet or exceed USDA standards	X			<p>Competitive foods sold at the school meet the USDA's Smart Snacks standards, and food service staff ensure compliance.</p> <p>Next Steps: Continue training staff</p>

				and revising the menu to keep up with evolving standards.
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Guidelines for other foods and beverages available on the school campus, but not sold	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
Ensure all other foods available to students comply with nutritional guidelines		X		Guidelines are provided for foods offered during parties, celebrations, and as rewards. However, compliance could be improved. Next Steps: Strengthen guidelines and communicate more effectively with teachers and parents about healthier snack options.

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
Only allow the marketing of foods that meet USDA Smart Snacks standards	X			Marketing on school grounds is limited to foods and beverages that meet the Smart Snacks guidelines. Next Steps: Continue monitoring marketing activities and ensure compliance with the policy.

Include any additional notes, if necessary:

- **Make the Assessment Available:** Publish this assessment on the school’s website and provide copies to stakeholders (parents, staff, and the community).

- **Recordkeeping:** Keep a copy of the completed triennial assessment for the next administrative review.